

LADY LANCER

INVITATIONAL

Site: Norwalk High School Gym (NEW GYM)

Date: Saturday, January, 10th 2026

Time: Weigh-ins 7:00am - 8:00 am ~ Wrestling Starts at 9:30 am

Who: Girls Varsity

Weight: Scratch + Growth 2lb allowance (102, 107, 112...)

Seeding Meeting: We will have a quick meeting when weigh-ins close to finalize seeds.

Awards: Team Trophies 1-4. Individual Medals 1-6.

Trainer: On Site

Entry Fee: \$350 per team or \$45 per individual wrestler (limit 5 individual payments.) \$50 late fee if not paid by tournament date.
Checks payable to Norwalk Wrestling

Questions?: *Contact coach DeVries at bdevries@nlmusd.org or coach Soto at fsoto@nlmusd.org*