

Western High School
Dr. John Dahlem
Pioneer Memorial Tournament
Saturday January 10, 2026

Dr. Dahlem, or as our Pioneer Wrestlers often called him—“Dr. D”—was our sport’s greatest supporter. He embodied the spirit of determination, modeled excellence, and expected every wrestler to have grit. Despite never having wrestled, he is one of Orange County’s most decorated coaches. On his 80th year of life, you could find Dr. D on the mats at CIF, Masters, and State. He spent his final years as an educator as the Western Pioneer Principal and in each of those school days, you would find him in the wrestling room, in his slacks and tie pushed behind him, instructing, encouraging, and sharing his wisdom. It was because of this mentorship Western High School grew to be what it is today, and it is for this reason that this tournament has been renamed in his honor.

24 man bracket tournament run on 6 mats in two gyms The Pioneer Rumble will be on Trackwrestling run by K&D Productions.

Time: Weigh-ins 7:00 a.m. – 8:00 a.m.

Seeding: Seeding will be done by committee with all info submitted. We will have a short meeting to make any adjustments.

Wrestling begins: 10:00 a.m.

Weights: Growth allowance plus 1lb. Allowance (109, 116, 123, etc.)

Cost: \$400 per team (14 wrestlers)

Awards: Team- 1st, 2nd, & 3rd
Individual: 1st - 6th , & Conso Champ

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